

Kids Place Holland Activity Choices

September 12-December 21, 2018

PLEASE FILL OUT YOUR CHILD'S NAME AND CHECK THE BOXES NEXT TO THE CLASSES IN WHICH HE/SHE WOULD LIKE TO PARTICIPATE. YOU MAY SIGN UP FOR TWO (2) GROUP SWIM LESSONS PER WEEK AND ONE (1) RECREATION CLASSES PER DAY.
IF A CHILD HAS TWO (2) UNEXCUSED ABSENCES, HE/SHE WILL BE REMOVED FROM THE ROSTER OF THE ACTIVITY.

PLEASE SEE THE BACK FOR PROGRAM DESCRIPTIONS.

CHILD'S NAME: _____ GRADE: _____

AQUATICS PROGRAMS	DAY/TIME	ENROLL
Wet & Wild (no additional charge for Kids Place participants)	Mondays 3:15-3:45	<input type="checkbox"/>
STORM Swim Club: Shock Team Ages 5-12. Kids Place participants get a special discount when they register for the full year! Please contact Aquatics for more information. *Storm Swim Club is an additional fee*. If interested contact Tim Lane, Head Coach at 886-3172 ext. 411.	Mondays 3:45-4:30	<input type="checkbox"/>
	Mondays 4:45-5:30	<input type="checkbox"/>
	Tuesday 4:45-5:30	<input type="checkbox"/>
	Wednesdays 3:45-4:30	<input type="checkbox"/>
	Wednesdays 4:45-5:30	<input type="checkbox"/>
*STORM Swim Club: Thunder Team Ages 5-17. Kids Place participants get a special discount when they register for the full year! Please contact Aquatics for more information. *Storm Swim Club is an additional fee*. If interested contact Tim Lane, Head Coach at 886-3172 ext. 411.	Mondays 3:45-4:45	<input type="checkbox"/>
	Mondays 4:45-5:45	<input type="checkbox"/>
	Wednesdays 3:45-4:45	<input type="checkbox"/>
	Wednesdays 4:45-5:45	<input type="checkbox"/>
	Thursdays 5:30-6:30	<input type="checkbox"/>
Learn to Swim Level 1 (no additional charge for Kids Place participants)	Tuesdays 3:45-4:15	<input type="checkbox"/>
	Thursdays 4:30-5:00	<input type="checkbox"/>
Learn to Swim Level 2 (no additional charge for Kids Place participants)	Tuesdays 4:15-4:45	<input type="checkbox"/>
	Thursdays 5:00-5:30	<input type="checkbox"/>
Learn to Swim Level 3 (no additional charge for Kids Place participants)	Tuesdays 4:15-4:45	<input type="checkbox"/>
	Thursdays 5:00-5:30	<input type="checkbox"/>
Learn to Swim Level 4 (no additional charge for Kids Place participants)	Tuesdays 4:45-5:30	<input type="checkbox"/>
	Thursdays 3:45-4:30	<input type="checkbox"/>
Learn to Swim Levels 5 (no additional charge for Kids Place participants)	Tuesdays 4:45-5:30	<input type="checkbox"/>
	Thursdays 3:45-4:30	<input type="checkbox"/>
Free Swim (no additional charge for Kids Place participants)	Fridays 3:30-4:30	<input type="checkbox"/>
RECREATION CLASSES	DAY/TIME	ENROLL
Soccer Skills and Drills (no additional charge for Kids Place participants)	Mondays 3:45-4:15	<input type="checkbox"/>
Soccer Rules and Strategies (no additional charge for Kids Place participants)	Mondays 4:15-4:45	<input type="checkbox"/>
*Tae Kwon Do *Tae Kwon Do is an additional fee* . Register online at https://onlineedge.jccbuffalo.org/OnlineEdge or at the JCC Member Services Desk.	Mondays 5:30-6:30	<input type="checkbox"/>
	Wednesdays 5:30-6:30	<input type="checkbox"/>
Game Day Wednesday (Cooperative Play) (no additional charge for Kids Place participants)	Wednesdays 3:45-4:15	<input type="checkbox"/>
Game Day Wednesday (Competative Play) (no additional charge for Kids Place participants)	Wednesdays 4:15-4:45	<input type="checkbox"/>
ENRICHMENT CLASSES	DAY/TIME	ENROLL
*Strings Lessons *Music Lessons are an additional fee* . If interested contact Christine Dusher at 886-3172 ext. 420. Online registration is first come, first serve.	TBD with Instructor	<input type="checkbox"/>
	Mondays 3:00-6:00	<input type="checkbox"/>
*Piano Lessons: *Music Lessons are an additional fee* . If interested contact Christine Dusher at 886-3172 ext. 420. Online registration is first come, first serve.	Wednesdays 3:00-6:00	<input type="checkbox"/>
	Thursdays 3:00-6:00	<input type="checkbox"/>
	Fridays 3:00-6:00	<input type="checkbox"/>
	Mondays	<input type="checkbox"/>
Homework Room: Please select the days you wish to require your child to be in the homework room. Times will vary based on the participant's other extracurricular activities for the day.	Tuesdays	<input type="checkbox"/>
	Wednesdays	<input type="checkbox"/>
	Thursdays	<input type="checkbox"/>
	Thursdays	<input type="checkbox"/>

I give permission for the Kids Place Afterschool Program to drop off my child to the Jewish Community Center Fitness and Aquatics facilities so the he/she may participate in the activities I have indicated above. Furthermore, I grant the Kids Place staff permission to escort my children to other enrichment activities that he/she is enrolled in during Kids Place hours, and release them to the care of the instructor until the end of the scheduled program time.

Parent Signature: _____ Date: _____

Please Print Name: _____

Program Descriptions

Aquatics Programs

Wet & Wild: Available to all level swimmers. Play a variety of water-based games with friends. Participation is optional, there is no penalty for unexcused absences.

***STORM Swim Club: Shock Ages 5-12.** This group is for swimmers who can swim 25 yards of front crawl and backstroke

***STORM Swim Club: Thunder Ages 5-17.** This group is for swimmers who have a basic understanding of all four competitive swim strokes and can swim 50 yards comfortably without assistance.

Learn to Swim Level 1: For children who depend on the aid of a floatation device. Children may wear bubble belts and hold onto noodles in both the shallow and deep end during the lesson.

Learn to Swim Level 2: For children that do not need a floatation device in shallow water (but may in the deep end). They are comfortable submerging their head under water, and can swim on their front and back.

Learn to Swim Level 3: The child must be able to swim independently in the deep end without the aide of a flotation device for the 30 minute class. Can swim the width of the pool on front and back.

Learn to Swim Level 4: To participate in level 4, the child must be able to do the following: 1. Swim 25 yards (1 pool length) front crawl. 2. Swim 25 yards backcrawl. 3. Tread water for 1 minute.

Learn to Swim Levels 5: To participate in level 5, the child must be able to do the following: 1. Swim 50 yards (150 feet / 2 pool lengths) front crawl. 2. Swim 50 yards backcrawl. 3. Swim 25 yards breaststroke. 4. Tread water for 2 minutes.

Free Swim: Open Swim available to all level swimmers. Participation is optional, there is no penalty for unexcused absences from Free Swim.

Recreation Programs

Soccer Skills and Drills: Designed to accelerate soccer development, get kids ready for league play and create fitness. For the Beginner or child that prefers cooperative play.

Soccer Rules and Strategies: Designed for the player with further developed skills and an established knowledge of the game of soccer. Kids will have fun and focus on teamwork. This class is for the Intermediate/Advanced player or child that prefers competitive play.

***Tae Kwon Do:** Students will learn the basic fundamentals and techniques of martial arts while developing strength and endurance. Classes will focus on increasing self-esteem, concentration respect, and discipline.

Game Day Wednesday (Cooperative Play): These games are all designed to keep the most kids active for the most amount of time possible. Students will participate in a variety of fitness development exercises through fun, cooperative game play.

Game Day Wednesday (Competative Play) These individual and team games are mainly of a competitive nature. Develop agility, coordination, endurance, flexibility, speed and strength. Learn how to cooperate and compete.

Enrichment Programs

Homework Room: Enrolling your child in the Homework Room will mean that your child will have scheduled time each day to focus on homework. If you check to enroll your child, the Kids Place staff will require your child to spend up to 30 minutes working on homework, or else will verify they have completed their homework assignments for the day. If not enrolled, children may still choose to visit the homework room as needed. This option is best for children that should be completing some or all of their homework during program hours.

***Strings Lessons:** 30, 45, or 60 minute private violin or viola lessons with instructor Leslie Salathe for all ages and levels.

***Piano Lessons:** 30 minute private piano lessons with instructor James Burgess for children ages 4-12.

*Programs with an asterisk indicate programs that are available for an additional fee. Please see the front page for registration and contact information.