



**The Jewish Community Center's**  
**Early Childhood Center's**  
**3 Year-Old Curriculum**

Below is an outline of the key elements included in the curriculum designed to meet the following areas of development:

- I. Socialization
- II. Emotional
- III. Cognitive
- IV. Physical

I. SOCIALIZATION

- \*Free Play
- \*Dramatic Play
- \*Role Playing
- \*Sense of community
- \*Becoming responsible for materials
- \*Sharing/taking turns, learns the give and take of play
- \*Initiates activities involving other children
- \*Show & Tell
- \*Circle activities
- \*Self-help skills
- \*Creative expression
- \*Developing appropriate conflict resolution skills



II. EMOTIONAL

- \*Self awareness
- \*Self-Responsibility
- \*Self-Care
- \*Smooth Transitions
- \*Attention Span
- \*Self-Control
- \*Feelings- identifies emotions, beginning to give reasons

III. COGNITIVE

a. LANGUAGE DEVELOPMENT

- \*Show & Tell
- \*Developing appropriate conflict resolution skills
- \*Music & Rhythm
- \*Opposites, before/after, easy/hard, same/different
- \*Answers questions – What and Why
- \*Refers to self by gender and age, first and last name
- \*Gives reasons
- \*Describes an object and what you do with it

b. MATH

- \*Counting to 10
- \*Calendar
- \*Sorting and sequencing skill development
- \*Spatial concepts
- \*Visual discrimination
- \*Classification of objects by size, shape, color

c. SCIENCE

- \*Classification
- \*The Weather
- \*Measuring (cooking and craft activities)
- \*Science experiments
- \*Learning about the 5 senses
- \*Nature appreciatio



IV. PHYSICAL

A. GROSS MOTOR

- \*Body Awareness
- \*Eye-Hand Coordination
- \*Eye-Foot Coordination
- \*Self-Help Skill Development – dressing and undressing for swim, packing and unpacking backpacks
- \*Dance and creative movement
- \*Gym Class

B. FINE MOTOR

- \*Arts & Crafts using a wide variety of materials
- \*Cooking – mixing, stirring
- \*Manipulatives – blocks, legos and other building toys – builds real or imaginary objects
- \*Uses scissors
- \*Places pegs in pegboard
- \*Strings small beads