



**Jewish Community Center  
of Greater Buffalo**

**Kindela Curriculum**

Below is an outline of the key elements designed to meet goals, introduce concepts, and practice skills in the following areas of development:

1. Socialization
  2. Emotional
  3. Cognitive
  4. Physical
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**1. SOCIALIZATION**

- Free play
- Dramatic play
- Role playing
- Sense of community
- Becoming responsible for materials
- Sharing/taking turns
- Show & Tell
- Circle activities
- Self-help skills
- Creative expression
- Developing appropriate conflict resolution skills

**2. EMOTIONAL**

- Self-awareness
- Beginning to take responsibility for actions
- Shows independence in daily care (washing hands, bathroom, cleaning up)
- Smooth transitions
- Increased attention span
- Developing self-control
- Feelings - identifies emotions, able to give reasons

**3. COGNITIVE**

**a. LANGUAGE DEVELOPMENT**

- Identifies letters by name and sound
- Show & Tell
- Developing appropriate conflict resolution skills
- Music and rhythm

**b. READING READINESS**

- Identifying letters by name and sound
- Concepts of print – difference between letter and word, front and back of book, tracking print from left to right, title, author, illustrator, some punctuation marks
- Some high frequency sight words
- Begin to form letters and name in manuscript writing
- Literacy - sharing books and attending plays
- Experience charts

**c. MATH**

- Counting by rote to 100
  - Describing attributes of objects
  - Identifying opposites
  - Ordinal numbers
  - Counting objects with accuracy
  - Calendar
  - Understanding positions (up-down, next to, etc.), classification (same and different), and sorting
  - Sizes and shapes
  - Sequencing
  - Conception of time
  - Spatial concepts
  - Graphing
  - Copying and making simple patterns
  - Exploring numbers 1-10
  - Forming numbers 1-10
  - Simple measuring
  - Few, more, equal groups
  - Using pennies and nickels
  - Joining and separating objects (concept foundation for adding and subtracting)
- d. SCIENCE
- Classification
  - Weather, seasons
  - Measuring (cooking and craft activities)
  - Science experiments
  - Learning about the 5 senses
  - Nature appreciation
  - Dinosaurs
- e. SOCIAL STUDIES
- Learning about self and family
  - Community helpers and careers
  - Our culture
  - Our world
  - Fire safety

#### 4. PHYSICAL

##### a. GROSS MOTOR

- Body awareness
- Eye-hand coordination
- Eye-foot coordination
- Self-help skill development – dressing and undressing for swim, packing and unpacking backpacks and lunches, etc.
- Dance, gym, and swimming
- Playgrounds

##### b. FINE MOTOR

- Arts & Crafts - including collage, painting, varied materials
- Using scissors with accuracy
- Cooking – mixing, stirring
- Manipulatives – blocks, legos, building toys, and puzzles
- Sensory experiences – play dough, water, sand