



**Jewish Community Center
of Greater Buffalo**

Bubbela & Shainela Curriculum

Below is an outline of the key elements designed to meet goals, introduce concepts, and practice skills in the following areas of development:

1. Socialization
 2. Emotional
 3. Cognitive
 4. Physical
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1. SOCIALIZATION

- Engaging in free play, cooperative play, and dramatic play
- Building a sense of community
- Becoming responsible for materials
- Sharing and taking turns
- Initiating activities with other children
- Developing appropriate conflict resolution skills and self-help skills
- Participating in circle activities
- Expressing self-creativity

2. EMOTIONAL

- Identifying and appropriately expressing feelings
- Developing self-control and self-awareness
- Increasing attention span
- Taking responsibility for actions
- Transitioning smoothly
- Building independence in daily care (washing hands, using bathroom, cleaning up)

3. COGNITIVE

a. LANGUAGE DEVELOPMENT

- Engaging in songs, poems, and rhymes
- Developing appropriate conflict resolution skills
- Answers questions - What? Why? Who?
- Describing objects and their purpose
- Refers to self by first and last name
- Identifying gender, age, address, and phone number
- Recognizing opposites and sequences
- Becoming familiar with print, letter names and sound relationship

b. MATH

- Counting to 20 or higher and counting objects
- Recognizing numerals (1,2) and number words (one, two)
- Classifying objects by size, shape, color
- Identifying shapes & naming patterns
- Measuring using standard and non-standard units
- Developing visual discrimination and spatial conceptualization
- Sequencing a series of pictures to form a story

c. SCIENCE

- Using five senses to observe, explore, and experiment with scientific phenomena
 - Collecting data and representing findings
 - Observing scientific phenomena such as metamorphosis
 - Developing an appreciation for nature
 - Conducting science experiments to learn about principles of science (i.e. solid/liquid, floating/sinking, hard/soft)
 - Measuring using standard and non-standard units
- d. SOCIAL STUDIES
- Exploring social roles in family and community
 - Participating in classroom community
 - Developing positive identity & sense of self and others
 - Learning about community and characteristics of local environment
 - Building understanding of diversity
- e. HEALTH/SAFETY
- Learning about and engaging in good nutrition and hygiene practices
 - Becoming aware of safe rules in classroom, home, and community
 - Practicing safety procedures
- f. CREATIVE EXPRESSION AND THE ARTS
- Gaining an appreciation of and expressing self freely/creatively through art, music, drama, and dance

4. PHYSICAL

- a. GROSS MOTOR
- Participating in dance, swim and gym class
 - Playing on indoor and outdoor playgrounds
 - Walking around local community
 - Engaging in creative movement, stretches & exercise
 - Developing body awareness, hand-eye coordination, foot-eye coordination and self-help skills
- b. FINE MOTOR
- Writing letters, names, and simple words
 - Painting and drawing
 - Cooking - adding ingredients, mixing, and stirring
 - Cutting and gluing
 - Engaging in sensory experiences- water, sand, play dough, shaving cream, oobleck, and clay
 - Using manipulatives - building with wood blocks and Legos, stringing beads, and placing pegs in pegboard