



Jewish Community Center of Greater Buffalo

3-year-old Curriculum

Below is an outline of the key elements designed to meet goals, introduce concepts, and practice skills in the following areas of development:

1. Socialization
 2. Emotional
 3. Cognitive
 4. Physical
-

1. SOCIALIZATION

- Free Play
- Dramatic play
- Role playing
- Sense of community
- Becoming responsible for materials
- Sharing/taking turns, learn the give and take of play
- Initiates activities involving other children
- Show & Tell
- Circle activities
- Self-help skills
- Creative expression
- Developing appropriate conflict resolution skills

2. EMOTIONAL

- Self awareness
- Self-Responsibility
- Self-Care
- Smooth Transitions
- Attention Span
- Self-Control
- Feelings- identifies emotions, beginning to give reasons

3. COGNITIVE

a. LANGUAGE DEVELOPMENT

- Engaging in songs, poems, and rhymes
- Developing appropriate conflict resolution skills
- Answers questions - What? Why? Who?
- Describing objects and their purpose
- Refers to self by first and last name
- Identifying gender, age, address, and phone number
- Recognizing opposites and sequences
- Becoming familiar with print, letter names and sound relationship

b. MATH

- Counting to 20 or higher and counting objects
- Recognizing numerals (1,2) and number words (one, two)
- Classifying objects by size, shape, color

- Identifying shapes & naming patterns
- Measuring using standard and non-standard units
- Developing visual discrimination and spatial conceptualization
- Sequencing a series of pictures to form a story

c. SCIENCE

- Using five senses to observe, explore, and experiment with scientific phenomena
- Collecting data and representing findings
- Observing scientific phenomena such as metamorphosis
- Developing an appreciation for nature
- Conducting science experiments to learn about principles of science (i.e. solid/liquid, floating/sinking, hard/soft)
- Measuring using standard and non-standard units

d. SOCIAL STUDIES

- Exploring social roles in family and community
- Participating in classroom community
- Developing positive identity & sense of self and others
- Learning about community and characteristics of local environment
- Building understanding of diversity

e. HEALTH/SAFETY

- Learning about and engaging in good nutrition and hygiene practices
- Becoming aware of safe rules in classroom, home, and community
- Practicing safety procedures

f. CREATIVE EXPRESSION AND THE ARTS

- Gaining an appreciation of and expressing self freely/creatively through art, music, drama, and dance

4. PHYSICAL

a. GROSS MOTOR

- Participating in dance, swim and gym class
- Playing on indoor and outdoor playgrounds
- Walking around local community
- Engaging in creative movement, stretches & exercise
- Developing body awareness, hand-eye coordination, foot-eye coordination and self-help skills

b. FINE MOTOR

- Writing letters, names, and simple words
- Painting and drawing
- Cooking - adding ingredients, mixing, and stirring
- Cutting and gluing
- Engaging in sensory experiences- water, sand, play dough, shaving cream, oobleck, and clay
- Using manipulatives - building with wood blocks and Legos, stringing beads, and placing pegs in pegboard