



3-year-old Curriculum

Below is an outline of the key elements designed to meet goals, introduce concepts, and practice skills in the following areas of development:

1. Socialization
 2. Emotional
 3. Cognitive
 4. Physical
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1. SOCIALIZATION

- Free Play
- Dramatic play
- Role playing
- Sense of community
- Becoming responsible for materials
- Sharing/taking turns, learn the give and take of play
- Initiates activities involving other children
- Show & Tell
- Circle activities
- Self-help skills
- Creative expression
- Developing appropriate conflict resolution skills

2. EMOTIONAL

- Self awareness
- Self-Responsibility
- Self-Care
- Smooth Transitions
- Attention Span
- Self-Control
- Feelings- identifies emotions, beginning to give reasons

3. COGNITIVE

- a. LANGUAGE DEVELOPMENT
 - Engaging in songs, poems, and rhymes
 - Developing appropriate conflict resolution skills
 - Answers questions - What? Why? Who?
 - Describing objects and their purpose
 - Refers to self by first and last name
 - Identifying gender, age, address, and phone number
 - Recognizing opposites and sequences
 - Becoming familiar with print, letter names and sound relationship
- b. MATH
 - Counting to 20 or higher and counting objects
 - Recognizing numerals (1,2) and number words (one, two)
 - Classifying objects by size, shape, color

- Identifying shapes & naming patterns
 - Measuring using standard and non-standard units
 - Developing visual discrimination and spatial conceptualization
 - Sequencing a series of pictures to form a story
- c. SCIENCE
- Using five senses to observe, explore, and experiment with scientific phenomena
 - Collecting data and representing findings
 - Observing scientific phenomena such as metamorphosis
 - Developing an appreciation for nature
 - Conducting science experiments to learn about principles of science (i.e. solid/liquid, floating/sinking, hard/soft)
 - Measuring using standard and non-standard units
- d. SOCIAL STUDIES
- Exploring social roles in family and community
 - Participating in classroom community
 - Developing positive identity & sense of self and others
 - Learning about community and characteristics of local environment
 - Building understanding of diversity
- e. HEALTH/SAFETY
- Learning about and engaging in good nutrition and hygiene practices
 - Becoming aware of safe rules in classroom, home, and community
 - Practicing safety procedures
- f. CREATIVE EXPRESSION AND THE ARTS
- Gaining an appreciation of and expressing self freely/creatively through art, music, drama, and dance

4. PHYSICAL

- a. GROSS MOTOR
- Participating in dance, swim and gym class
 - Playing on indoor and outdoor playgrounds
 - Walking around local community
 - Engaging in creative movement, stretches & exercise
 - Developing body awareness, hand-eye coordination, foot-eye coordination and self-help skills
- b. FINE MOTOR
- Writing letters, names, and simple words
 - Painting and drawing
 - Cooking - adding ingredients, mixing, and stirring
 - Cutting and gluing
 - Engaging in sensory experiences- water, sand, play dough, shaving cream, oobleck, and clay
 - Using manipulatives - building with wood blocks and Legos, stringing beads, and placing pegs in pegboard