

**SUNDAYS** are **FREE FUNDAYS**  
at the JCC outdoor pool!

Sit back, relax and have fun! Let us take care of the entertainment...

**July 4** Independence Day Party -  
DJ Spazman Spins  
5:00 pm-11:00 pm

*Food available for purchase, tie dying, games and so much more. Bring the whole family!*



**July 25** DJ Spazman Spins 2:00 pm-5:00 pm  
Fun for the whole family!  
Music, dancing and games.

**August 15** DJ Spazman Spins 2:00 pm-5:00 pm  
Summer's not over yet!  
Come enjoy some pool side fun and music.



**Monday - September 6**

Labor Day Party - DJ Spazman Spins  
2:00 pm-5:00 pm

*Summer's not over yet!  
Come enjoy some  
pool side fun and music.*



**Benderson Family Building**  
2640 North Forest Road Getzville, NY 14068



at the  
**Outdoor Pool**  
**2010 Member Handbook**



*Friends, Fitness & Fun*

# OUTDOOR POOL SCHEDULE JCC BENDERSON FAMILY BUILDING SUMMER 2010 Open June 19-September 7

## OUTDOOR POOL HOURS

| Sunday                    | Monday                   | Tuesday                  | Wednesday                | Thursday                 | Friday                   | Saturday                  |
|---------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|---------------------------|
| 10:00 AM<br>to<br>7:00 PM | 9:30 AM<br>to<br>7:30 PM | 9:30 AM<br>to<br>7:30 PM | 9:30 AM<br>to<br>7:30 PM | 9:30 AM<br>to<br>7:30 PM | 9:30 AM<br>to<br>7:30 PM | 10:00 AM<br>to<br>7:00 PM |

**July 11 - Outdoor pool will close at 11:00 pm**  
**The Lap Lanes may be closed at anytime due to over crowding**  
 Julie Kingsley 688-4114 ext. 365  
 Indoor pool schedule can be found in the lobby and online.

|           |               | Shallow                                     | Deep | Lap Lanes   |
|-----------|---------------|---|------|-------------|
| Monday    | 9:30-10:30    | Aerobics with Betty No Open or Lap          |      |             |
|           | 10:00-12:00   | Kiddie Camp Lessons                         |      |             |
|           | 11:30-1:00    | Open  |      |             |
|           | 1:00-3:30     | TriplePlay/Kiddie Camp                      | Open | Lessons/Lap |
|           | 3:30-7:30     | Open  |      | Lessons/Lap |
| Tuesday   | 9:30-10:30    | Open  | Open | Lessons/Lap |
|           | 10:30-12:00   | Open/Camp Rec swim                          |      | Lessons/Lap |
|           | 12:00-3:30    | Capt's Cove / Kiddie Camp                   | Open | Lessons/Lap |
|           | 3:30-7:30     | Open  |      | Lessons/Lap |
| Wednesday | 9:30-10:30    | Aerobics with Betty No Open or Lap          |      |             |
|           | 10:00-12:00   | Kiddie Camp Lessons                         |      |             |
|           | 11:30-1:00    | Open  |      |             |
|           | 1:00-3:30     | TriplePlay/Kiddie Camp                      | Open | Lessons/Lap |
|           | 3:30-7:30     | Open  |      | Lessons/Lap |
| Thursday  | 9:30-10:30    | Open  | Open | Lessons/Lap |
|           | 10:30-12:00   | Open/ Camp Rec swim                         |      | Lessons/Lap |
|           | 12:00 - 3:30  | Capt's Cove / Kidde Camp                    | Open | Lessons/Lap |
|           | 3:30 - 7:30   | Open  |      | Lessons/Lap |
| Friday    | 9:30-10:30    | Aerobics with Betty No Open or Lap          |      |             |
|           | 10:00 - 12:00 | Kiddie Camp Lessons                         |      |             |
|           | 11:30-1:00    | Open  |      |             |
|           | 1:00-3:30     | SpongeBob/Kiddie Camp                       | Open | Lessons/Lap |
|           | 3:30-7:30     | Open  |      | Lessons/Lap |
| Saturday  | 10:00-12:00   | Open  |      | Lap         |
|           | 12:00-5:00    | (12:15-2:15 Capt's Cove) <b>Open NO LAP</b> |      |             |
|           | 5:00-7:00     | Open  |      | Lap Lap     |
| Sunday    | 10:00 - 12:00 | Open  |      | Lap Lap     |
|           | 12:00-5:00    | (12:15-2:15 Capt's Cove) <b>Open NO LAP</b> |      |             |
|           | 5:00-7:00     | Open  |      | Lap Lap     |

**REGISTER NOW! SPACE IS LIMITED.**

**EARLY CHILDHOOD**

LIMITED SPACE IS  
STILL AVAILABLE FOR  
SEPTEMBER 2010

We have experienced a record enrollment for the 2008-2009 school year in our Early Childhood program. Great news travels quickly and our classes are almost full for the upcoming 2009-2010 school year. SPACE is limited. Call Patty Tubin at 688-4114, ext. 345, for the Getzville location to inquire about availability or Barbara Stone Reden at 886-3172, ext. 408 for the Buffalo location.

Congratulations to our Holland Family's Early Childhood NAEYC accreditation!



# Still Enrolling Fall '10

Let us be the parent when you can't. Homework assistance, carpooling, feeding, playing, teaching, and bonding complete with flexible schedule tailored to as much or little as you need.



Grades K-6  
Monday-Friday  
(1-5 day options)  
2:30 pm-6:00 pm

### Kids Place Offers Children The Opportunity To:

- Broaden their circle of friends by spending the afternoon with kids from all over the school district.
- Participate in various enrichment activities such as sports, arts & crafts, languages, martial arts, rock wall climbing in our huge gym and child friendly recreation spaces.
- American Red Cross Learn-to-Swim Lessons
- Participate in Friday community Shabbat celebration.
- Year round continuity of care (summer camp & school vacation camps)
- Intimate but not small-All staff gets to know your individual child.
- Directors offer open door policy, efficient email communication, and updates in family mailboxes.
- Chartered transportation from area schools
- School pick-ups
- Welcome children with special needs
- Flexible schedule, as much or little as you need (1-5 day options available)

**2010-2011  
Registration Form  
available online!**

For pricing , or to see our Kids Place programs in action, contact:

Lauren Cohen  
Benderson Family Building  
688-4114, ext. 333  
lcohen@jccbuffalo.org

Christine Sarra  
Holland Family Building  
886-3172, ext. 420  
koverton@jccbuffalo.org



**CHILDREN / teens**



## POOL RULES AND REGULATIONS

The rules and regulations have been developed for you and your family's health and safety in accordance with the NEW YORK STATE DEPARTMENT OF HEALTH. These rules will be posted at the gate entrance and pool office. The rules are necessary for safe and efficient facility operation. Pool supervisory personnel are responsible for the enforcement of the rules and are authorized to suspend pool privileges for violations. Parents are requested to encourage their children to observe all rules and obey instructions of the staff in order to promote safety, cleanliness and enjoyment for all.

*We look forward to having a most enjoyable and successful summer season at the JCC with your cooperation.*

### ANYONE WHO FAILS TO OBEY DIRECTIONS OF A LIFEGUARD MAY BE ASKED TO LEAVE THE POOL AREA!

1. **Do not enter the pool** unless there is a lifeguard in the guard chair.
2. **Children using either pool who are NOT toilet trained MUST wear snug fitting plastic pants AND their swim diapers. No exceptions!**
3. **All children 9 years of age and younger MUST** be accompanied by an adult (18 years and older). The adult will be responsible for the child and must remain with him/her during the entire stay.
4. **Children 5 and younger MUST** be accompanied by a parent/guardian in the large pool.
5. The wading pool is for the use of children 6 years and younger. Any child 4 years or younger **MUST** be accompanied by an adult in the water.
6. No running on the pool deck
7. No pushing, dunking, or throwing persons into the pool or on the pool deck
8. **No diving into either pool**
9. No smoking permitted inside the pool complex
10. No glass containers permitted of any kind
11. No alcoholic beverages permitted
12. No cut offs
13. No spitting
14. No gum chewing while in the pool
15. People with skin diseases, open sores or bandages are not permitted in the pool
16. Food may be eaten in designated area only. No food of any kind is permitted on pool deck or around pools.
17. Foam swim bubbles are permitted for use, but an adult (18 years or older) **MUST** directly supervise the child at all times.
18. In the interest of safety and as recommended by the Red Cross, arm floaties and/or other inflatable devices will not be permitted in the pools. If you are unsure of the acceptability of a swim vest or bubble, don't hesitate to ask a lifeguard.
19. Music is permitted but must be set for your ears only. Please be courteous to others.

Please adhere to all the pool and deck rules and regulations. *Failure to do so may jeopardize the safety and well-being of yourself and others and may result in suspension of pool privileges.*



## The JCC Offers Members and Guests:

- ❖ Various types of toys and equipment. Equipment will be permitted during off-peak times and at the discretion of the lifeguard. Flippers and kickboards will be reserved for adult use only.
- ❖ Bathhouses with showers, changing areas and toilets for both men and women available during normal operating hours.
- ❖ Picnic area and snack bar. Please enjoy your food and beverages in designated areas. Water may be enjoyed at lounge chairs on deck in plastic cups or bottles.
- ❖ Lounge chairs will be provided for our members and guests on a first come first serve basis. Please, one chair per person. We must request and enforce the policy that members NOT save chairs for other members or guests that have not yet arrived at the pool. On extremely crowded days, lounges will be available for adults only (18 and older) and children and youth may be asked to give up their chairs. *Please feel free to bring in your own lounge chairs to the pool.*

## CLASSES

### Certification Classes

Lifeguarding, CPR, AED, WSI and LGI classes or re-certification challenges are offered by appointment.

Have 4 or more friends? Make your own class!

Call the aquatics department at 688-4114, ext. 365 to register.

### Summer Swim Lessons

|                                       |   |
|---------------------------------------|---|
| Member's Private Swim Lesson Packages | Non-member's Private Swim Lesson Packages |
| 10 Private lessons - \$185            | 10 Private Lessons \$225                  |
| 18 Private Lessons - \$306            | 18 Private Lessons \$405                  |

### Member Semi Private Lessons

- 2 children 10 lessons for \$250
- 3 Children 10 lessons for \$300

### Mommy, Daddy and Me Lessons

This interactive water adjustment class is fun for children 6-36 months with a parent. Learn about water safety and sing songs as we learn about floating, early strokes and jumping in.

Thursdays July 8<sup>th</sup> – August 12<sup>th</sup> 10:00 – 10:30 at the indoor pool

\$30 members

\$42 Non members

Call the aquatics department at 688-4114, ext. 365 to register.

## When Visiting Our Pool...

### JCC Members

- ❖ Each family member, regardless of age, **MUST** present their current JCC of Greater Buffalo membership card when entering our complex. Members 14 and over **MUST** provide picture ID to be admitted.
- ❖ Members who do not have their membership cards with them will be asked to check in at the JCC front desk or show another form of identification.
- ❖ Members are responsible for the conduct of any guests they bring to the JCC's indoor and outdoor facilities.

### Local Guests

- ❖ All local guests must be accompanied by a current JCC member and will be asked to show identification.
- ❖ Local guests of the JCC are limited to three visits per summer.
- ❖ Guests 10 years of age **and under** must be accompanied by a member 18 years of age or older
- ❖ Guest fees are as follows: \$8.00 each for 14 years of age and over, \$5.00 per child 13 and under, Children 12 months of age and under are free.

### Out of Town Guests

- ❖ Individuals or families visiting our JCC who are members in good standing at another JCC may use our indoor and outdoor facilities for up to 14 consecutive days. Presentation of a current membership card from JCC is required.
- ❖ Daily out of town guest fees are the same as local guest fees stated above.
- ❖ Weekly and monthly couple/family rates are available. Come in or call 688-4033.

### OUTDOOR POOL CLOSING POLICY

Outdoor Pool Office 688-4114 ext 328

The pool will close when the following conditions are present:

1. Thunder - patrons will be asked to clear the pool but may remain in the complex unless lightening is sighted.
2. Lightening - when visible- patrons **must** leave complex. Pool and entire complex will remain closed until weather clears and a minimum of 30 minutes has elapsed from the time lightening was viewed.
3. Thunderstorm
4. Heavy Fog
5. Heavy Winds
6. Foreign objects in the pool
7. Poor Pool conditions (water cloudy)
8. Emergency situations

Closings and re-opening of the pools will be at the discretion of the Aquatics Director or Senior Staff Supervisor on duty.



Enjoy the beautiful Summer weather at our outdoor pool  
or workout inside in a class or on the equipment!

# Member Appreciation FREE Guest Days

July 1 - July 5, 2010

- Bring up to 3 guests per household per day
- Guests must be with a current JCC member age 14 or over
- Members must display JCC Membership cards

Visit the JCC front desk or outdoor pool for your FREE Guest Pass.