

H Holland Children's Spring Group Swim Schedule H

SATURDAYS

9 weeks
April 21-June 23

Preschool Aquatics
12:00-12:30 pm
\$122, Members \$99

Learn to Swim 1 & 2
12:00-12:30 pm
\$122, Members \$99

SUNDAYS

9 weeks
April 15-June 17

Water Babies
11:30-12:00 pm
\$68, Members \$45

No classes on:
Sunday, May 27
Monday, May 28

TUESDAYS

9 weeks
April 7-June 19

Water Babies
10:00-10:30 am
\$68, Members \$45

Preschool Aquatics
4:00-4:30 pm
\$122, Members \$99

Learn to Swim 1 & 2
4:00-4:30 pm
\$122, Members \$99

Learn to Swim 3-5
4:30-5:15 pm
\$178, Members \$140

WEDNESDAYS

10 weeks
April 18-June 20

Preschool Aquatics
3:55-4:25 pm
\$135, Members \$110

THURSDAYS

10 weeks
April 19-June 21

Preschool Aquatics
4:00-4:30 pm
\$135, Members \$110

Learn to Swim 1 & 2
4:00-4:30 pm
\$135, Members \$110

Learn to Swim 3-5
4:30-5:15 pm
\$198, Members \$155

Why the JCC for Swim Lessons?

The JCC's outdoor and indoor pool facilities provide an environment where your child can develop and refine their strokes and build endurance. **Our 25 yard pools are kept at a temperature of 83-86 degrees, ideal for your younger child to learn and stay warm.** We offer swim lessons of different varieties to suit your children's needs:

Unlike many other programs, our learn to swim classes are taught by experienced American Red Cross Water Safety Instructors and are maintained at a 1:6 teacher to student ratio or lower, allowing for maximum one to one instruction for your child. These classes include Water Babies, Basic Water Skills/Preschool Aquatics, and Learn to Swim Levels 1-5. End of the session report cards are provided to indicate your child's level and skill progress. Free swim tests are provided for all new participants to ensure proper placement.

Our Storm Swim Team program is designed for kids interested in learning competitive swim team skills in a fun and relaxed environment. Participants are broken up into groups of similar ages and skill levels to best suit their needs.

We also offer private classes taught by instructors with a wide range of expertise. Our instructors specialize in areas like getting toddlers comfortable in the water for the first time, developing strokes for middle school swim requirements, and helping kids to excel on their competitive swim teams, diving, water volleyball and more! See Pages 13 and 17 for more information.

For more information call Julie Kingsley & Erin Ruszaj (Benderson) at 688-4114, ext. 365, or Eric Poniatowski (Holland) at 886-3172, ext. 411. **B H**

STORM Swim Club H

Storm Swim / Ages 6-16, Level 3+

Let our coaches turn your son or daughter into the best swimmer that they can be by learning stroke refinement, USA swimming camaraderie. Every season includes structured For more information contact Eric Poniatowski (Holland) at 886-3172, ext. 411.

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April 16-June 13
Mondays & Wednesdays
4:30 pm-5:30 pm
\$180, JCC Members \$140

Storm Swim Meets:
Holland Family Building
Monday, May 14

Benderson Family Building
Wednesday, June 13

